I've been hearing this tune in jam sessions around Boston for years, but never knew where it came from. North Carolina three finger picker Gail Gillespie once speculated that it might have come from Virginia fiddler and banjo picker Harold Hausenfluck, and might be a simplified version of the Henry Reed tune, Folding Down the Sheets. There is a little nonsense lyric that is sometimes sung to the A part:

Doctor, Doctor, come here quick,
I swallowed my tobacco and its makin' me sick.