Sugar in the Gourd is one of those old tunes that at one time was in just about every fiddler’s repertoire, no matter what part of the country, in the same category as Arkansas Traveler, Sally Goodin, Turkey in the Straw, and Ragtime Annie. It was one of the tunes recorded by Fiddlin’ John Carson in his first 1924 Victor session in Atlanta, perhaps the first recordings ever made of southern fiddling. It has words, probably going back to minstrel times. One of my favorite verses:

I had a little hen who had a wooden leg,
That’s the best hen that ever laid an egg;
Laid more eggs than he had around the farm,
And another drink of liquor wouldn't do you any harm.

Sugar in the Gourd and you can't get it out,
When you wanna get to sugar got to break it all about.

measures 12, 14, 15 and 18 all incorporate a hammer on the fourth string, even though the fourth string hasn't been picked first. This will take some practice, and the hammer will be need a little more than the usual force. The ghost note in parentheses that precedes it is only inserted so that the MIDI playback will sound the hammered note. The ghost note is not actually picked.