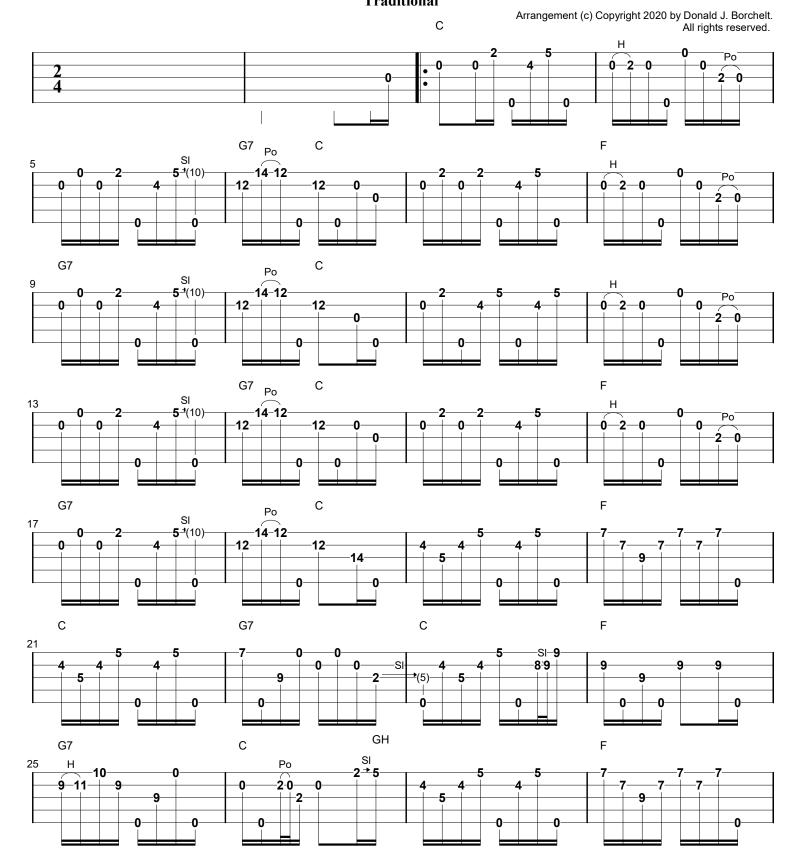
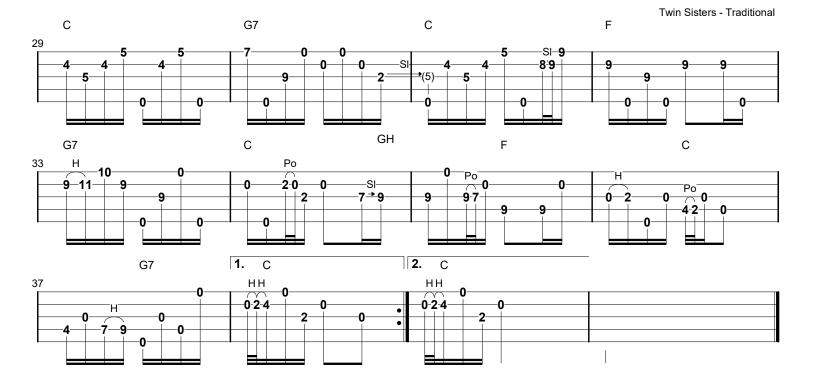
Twin Sisters Traditional





This tune comes from fiddler Osey Helton (1879-1942) of Buncombe County, North Carolina, who learned to play the fiddle from a former African American slave who worked at his father's distillery in Asheville. This setting is based on a recording of a fine performance by fiddler Rob Fong of Raleigh, North Carolina. A very unusual aspect of this tune is the 8 beat bridge that comes after the B or high part, bringing you back around to the A or low part of the tune.

Note the use of a ghost hammer, marked with a GH, in measures 27 and 30. A ghost hammer is a hammer onto a string that has not first been picked by the right hand. Since it is not already agitated, you have to smack it pretty good with the left hand finger, to make sure that it sounds loud enough.